# Spa Pantry

#### Custom Masks

\$2.50 each

Add as many as you like to our Custom Seaweed Poultice (\$25)

#### Activated Charcoal

Possibly the most absorbent cosmetic ingredient known, it is ideal for acne prone skin. Acting as a magnet, it attracts dirt and oil from the skin. Also known for its antibacterial properties.

# Bentonite Clay

One of the most popular clays, comes naturally from volcanic ash sediments. It has traditionally been used to assist in mineral deficiencies, and to help bind toxins. Known to be one of the most effective and powerful healing clays.

#### Calendula

High content of flavonoids, beneficial for reducing inflammation and promoting wound healing. Sunburn, Acne, Eczema.

#### Chamomile

Soothe skin rashes (including eczema) and minor burns. Eases itch and reduces skin inflammation. Great for calming down irritated eyes.

# Coconut Oil

Such a powerful and restorative moisturizer. Coconut oil also kills bacteria and is anti fungal, making it a great solution for blemishes and other acne care. Count on Coconut Oil to keep your skin looking and feeling vibrant. Great for soothing inflamed skin conditions like psoriasis or eczema.

### Colloidal Silver

Stimulates healing in the skin and other soft tissues. A potent antifungal, antiviral and anti-inflammatory.

#### Dandelion

Helps in making skin soft and supple. Also great for acne and blemishes as well as dry skin.

#### Green Tea

Rich in antioxidants (polyphenols) that are responsible for its use as a medicinal aid. Not only is green tea great for helping fight free radicals, it has powerful anti inflammatory properties for soothing the skin when inflamed with rosacea, acne and sun damage.

## Hibiscus

'Botox Plant'

One of the most powerful anti-aging plant actives. Hibiscus has a strong reputation for increasing skin elasticity for an all natural youth boost. Due to the slightly exfoliating effect of the organic acids, including citric and malic acid, this is great for treating hyperpigmentation and evening skin tone. Purify your complexion and give your skin an intense moisture boost!

# Honey

Honey is incredible for your skin. Anti-bacterial, anti fungal and anti inflammatory. Great for fighting acne and adding moisture to the skin. Consider this a treatment for acne, burns, wound healing and skin irritations. Your choice of dried honey powder or tupelo honey.

# Hyaluronic Acid "Liquid Gold"

The magic of this ingredient lies in its ability to retain moisture. This is important with regard to aging because one of the hallmarks of youthful skin is its moisture content. As we age, our skin loses moisture, resulting in a loss of firmness and pliability. There are many additional benefits beyond a more youthful appearance. Hyaluronic Acid also protects the skin barrier, provides antioxidant defense against free radical damages, and reduces inflammation.

# Jasmine Buds

This exotic flower helps balance moisture in the skin to naturally reduce dryness, helps fade scars, natural antiseptic, and full of antioxidants to fight aging.

# Lavender Buds

Best known for burn relief, however this is a great herb for everything. This anti-inflammatory helps reduce redness, swelling and itching. Lavender contains powerful anti-oxidants, which counter the effects of environmental stress on the skin.

#### Marshmallow Root

A broad range of benefits, most commonly known for its aid for Rosacea, sensitive skin, dry skin, including psoriasis, eczema, aging skin and great for plumping the skin and smoothing out fine lines and wrinkles.

## Oatmeal

Absorbs and removes excess oil and bacteria from the skin while also exfoliating the dead skin cells. Makes for a great hydration treatment by relieving dryness and itching as well.

# Papain (Papaya Enzyme)

Papaya not only exfoliates and cleanses your skin, it makes it glow!

Great source of Vitamin A, firms skin and helps in preventing

premature aging.

# Rose Hip Powder

\_The best source of vitamin C - they contain 50% more vitamin C than oranges. Rose Hips also contain a large amount of vitamin A. Having the ability to regenerate new skin cells, makes it great for scars, acne and burns. Not only does it help prevent wrinkles, it helps minimize any that have already appeared.

# Rose Petals

Roses does wonders for the skin. Anti- bacterial, Anti- inflammatory, full of antioxidants, moisturizing, and a natural toner.

# Pre Made Blends

Baking Soda and Peroxide Great foot mask

Acne Buster - Activated Charcoal \* Aloe Powder \* Blemish Infusion Blend

Papain and Honey

Green Tea and Rose hips

Zen - Calendula, Rose Petals and Jasmine Buds